# PURDUE UNIVERSITY. FORT WAYNE

# Biennial Review of the Alcohol and Other Drug Abuse Prevention Programs and Data Academic Years: 2022-2023 & 2023-2024

In compliance with the Drug-Free Schools and Communities Act Amendments of 1989

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# Introduction

The Drug-Free Schools and Campuses Regulations of the Drug-Free Schools and Communities Act (*DFSCA*) requires institutions of higher education (*IHE*), such as Purdue University Fort Wayne (*PFW*), to certify it has adopted and implemented programs to prevent the abuse of alcohol and use or distribution of illicit drugs by its students and employees both on its premises and as a part of any of its activities. At a minimum, each institution must annually distribute the following in writing to all students and employees:

- Standards of conduct that prohibit the unlawful possession, use, or distribution of illicit drugs and alcohol by students and employees
- A description of the legal sanctions under local, state, or federal law for the unlawful possession or distribution of illicit drugs and alcohol
- A description of any drug or alcohol counseling, treatment, rehabilitation, or re-entry programs that are available to employees or students
- A clear statement that the institution will impose sanctions on students and employees and a description of those sanctions, up to and including expulsion or termination of employment and referral for prosecution, for violations of the standards of conduct

The law further requires that the institution conduct a biennial review of its program with the following objectives:

- 1. determining the effectiveness of the policy and implementing changes to the Alcohol and Other Drug (AOD) program if needed, and
- 2. ensuring that the sanctions developed are consistently enforced.

The biennial review must also include a determination as to the following:

- 1. the number of drug and alcohol-related violations and fatalities occurring on the campus or as part of their activities that are reported to campus officials;
- 2. the number and type of sanctions the IHEs impose on students or employees due to such violations or fatalities.

The following PFW campus units were consulted and requested to provide information for this report:

- The Student Counseling Center
- Office of Financial Aid
- Office of Well-being and Recreation
- Athletics
- Office of Student Conduct & CARE
- University Police Department
- Student Government & Student Leadership
- Student Life
- Student Housing
- Human Resources

This document intends to meet the legal requirements of conducting a biennial review and summarize the programs and activities related to alcohol and drug prevention on PFW's campus during the 2022-2023 and 2023-2024 academic years.

The goals of the AOD Prevention Program mean to support the success and wellbeing of students and employees by:

- 1. Reducing the harmful consequences of high-risk drinking;
- 2. Assisting students in making informed personal choices regarding healthy behaviors;
- 3. Providing reasonable care for individuals who are abusing or dependent on alcohol or other drugs;
- 4. Implementing education and other prevention strategies for preventing alcohol abuse and other drug use;
- 5. Increasing collaboration between the university and local, state, and national partners; and
- 6. Complying with federal and state laws and statutes concerning AOD use and prevention.

# Compliance with Drug-Free Schools and Communities Act

Purdue Fort Wayne seeks to comply with the requirements of the Drug-Free Schools and Communities Act. PFW has adopted and implemented programs to prevent the abuse of alcohol and the use or distribution of illicit drugs by PFW students and employees on its premises and as a part of any of its activities, as demonstrated through this biennial review. In addition, PFW distributes, at least annually, a written policy on alcohol and other drugs to every student and employee. The written materials annually distributed contain the following information:

- Standards of conduct that prohibit the unlawful possession, use, or distribution of illicit drugs and alcohol on its property or as a part of its activities
- A description of the health risks associated with the use of illicit drugs and abuse of alcohol
- A description of applicable legal sanctions under local, state, or federal law
- A description of counseling or treatment programs
- A clear statement and description of the disciplinary sanctions the institution will impose on students and employees

# Policy Inventory

# Student Alcohol & Drug Policy

Policies found at: <u>https://www.pfw.edu/sites/default/files/documents-2022/07/Alcohol-Drug-Policy-Information.pdf</u>

In summary: Purdue Fort Wayne policy prohibits the possession, consumption, distribution, or sale of alcoholic beverages, as defined by state law, on campus, including campus housing, except as expressly permitted by the Internal Operating Procedures for the Possession, Consumption, Distribution, and Sale of Alcoholic Beverages on the Fort Wayne campus. The use, possession, manufacture, processing, distribution, or sale of any drug or controlled substance except as expressly permitted by law is also prohibited.

Any student suspected of violating these regulations may be subject to disciplinary proceedings conducted by the Office of Student Conduct & CARE and/or Student Housing. Students who are found in violation may be subject to disciplinary sanctions as outlined in the Code of Student Rights, Responsibilities, and Conduct.

Note: When appropriate, referral for prosecution under local, state, and federal laws may occur. Indiana state law allows the university to investigate and act on any suspension of violation of local, state, or federal law. The

university may also investigate and take action in incidents occurring in states other than Indiana.

Additional information in the policy includes:

- Legal Sanction
- Health Risks
- Referral Information to Resources in the Greater Fort Wayne Area

## Code of Student Rights, Responsibilities & Conduct

The Code can be found in full at: <u>https://catalog.pfw.edu/content.php?catoid=64&navoid=3730#code</u>

In Summary: Students can be found responsible for the following charges related to Alcohol & Other Drugs:

- 1. Alcohol:
  - a. Possession of alcoholic beverage by any student, regardless of age, on campus property is prohibited.
  - b. Illegal purchase, consumption, or possession of alcoholic beverages by any student under 21 years of age is prohibited.
  - c. Providing alcoholic beverages to an individual who is under 21 years of age.
  - d. Adverse behavior, such as public intoxication or public indecency, as a result of alcohol consumption and regardless of age is prohibited.
  - e. The hosting of events (including but not limited to parties, "pre-gaming," "socials" etc.) where minors consume alcohol, alcohol is provided to minors, or alcohol is otherwise distributed in violation of local ordinances or state laws is prohibited.
- 2. Drugs:
  - a. The use, abuse, possession, sale, distribution, manufacture, or transfer of narcotics, illegal drugs, as defined by state or federal law, or any controlled substance is prohibited at all times, except as expressly permitted by law.
  - b. Possession or manufacture of drug paraphernalia which is to be used for any one of the following purposes:
    - *i. to introduce a drug, marijuana or any controlled substance into a person's body*
    - *ii. to test the strength, effectiveness or purity of a drug, marijuana or any controlled substance*
    - *iii. to enhance or is perceived to enhance, the physiological effect of a drug, marijuana or any controlled substance, is also a violation of this policy.*
- 3. Personal Conduct Not on University Property. The university may find a student responsible for acts of personal misconduct that are not committed on campus property or in connection with an university activity if the acts distinctly and adversely affect the security of the campus community, the safety of others, or the integrity of the educational process, including, but not limited to, drug and alcohol violations or offenses against another person.
- 4. Violation of the Law: Committing or attempting to commit any act that would be a violation of local, state, or federal law on or off university property, when such behavior is judged by the Dean of Students or designee to be detrimental to the university's educational process or objectives

**Good Neighbor Exception:** Students are always encouraged and expected to call for emergency assistance as needed, even at the risk of disciplinary action for one's own conduct. When another person needs critical care or when a situation warrants an emergency response, call 911 immediately. The Good Neighbor Exception provides students the opportunity for university conduct action to be waived for drug or alcohol policy

violations if they risk revealing one's own violation of the Code of Student Rights, Responsibilities, and Conduct in order to seek medical or other emergency assistance to another person in distress. The decision to provide the exception shall be the judgment of the designated conduct officer. NOTE: The exception does not apply to criminal charges that might be incurred as a result of an offense.

**Student Housing:** With a Student Housing population of over 1,300 undergraduate students, it is a priority to educate students regarding alcohol and drugs. Each resident is informed through orientation material, the expectation of the community standards, and referred to the website <u>https://www.pfw.edu/housing</u> for more information. The Student Housing alcohol and drug policies are defined as follows:

- Students are prohibited from consuming, transporting, and distributing alcohol; possessing or being in the presence of alcohol; or exhibiting disruptive behavior influenced by the use of alcohol. Alcohol found by staff will be disposed of immediately. Persons found in violation of this policy will be subject to Student Housing administrative or disciplinary sanctions intended to be proportionate and progressive and include by are not limited to the following:
  - Warning, reprimand and/or probationary period
  - Contact with parent/guardian
  - *Referral to an alcohol education program.*
  - Other educationally-based actions
  - Termination of the housing contract and/or ineligibility for contract renewal
  - University probated suspension, suspension, expulsion
  - Possible arrest, imprisonment, or fine according to state alcohol laws
- All illegal drugs, as defined by Indiana state law, and any type of recreational drugs are strictly prohibited from Student Housing facilities and property. Drugs that fall into this category include but are not limited to, the following: marijuana, hashish, hash oil, cocaine, crack, LSD, inhalants, stimulants, depressants, hallucinogens, narcotics, designer drugs, anabolic steroids, and other substances that alter one's mental state. Students are prohibited from possessing, consuming, transporting, dealing, being in the presence of, or exhibiting disruptive behavior influenced by the use of the aforementioned substances. In addition to illegal drugs as defined by Indiana state laws, students are also prohibited from possessing paraphernalia with evidence of illegal drug use, such as bowls/pipes, grinders, one-hitters, vaporizer blunts, etc. Anyone found in violation of this policy may have their housing contract terminated and may be subject to University disciplinary action and possible arrest, imprisonment, or fine according to state and federal laws. Should an educational program be required, a cost to the student may be incurred.

The primary offices on campus that enforce policies and laws regarding alcohol and other drug use are the University Police Department, Human Resources, Student Housing, and the Office of Student Conduct & CARE.

#### Alcohol- and Drug-Free Campus and Workplace Policy:

The Policy in full can be found at: https://www.purdue.edu/policies/facilities-safety/iva9.html

In summary: Purdue University is committed to providing students, faculty, staff, and visitors with a safe and healthful campus and workplace. The university recognizes the health risks associated with controlled substance use and alcohol misuse and is committed to supporting students and employees who seek treatment for these conditions. The university also recognizes that controlled substance use and alcohol misuse diminish workplace and campus safety and undermine the university's ability to fulfill its missions of education, research, and

service. Purdue has therefore developed this Alcohol and Drug-Free Campus and Workplace Policy. Purdue considers compliance with this policy a condition of employment and attendance at the university. All employees and students receive notification of this policy.

NOTE: Purdue University West Lafayette distributes all information to employees across all their campus locations.

# **Tobacco Free Policy**

The document in full can be found at https://catalog.pfw.edu/content.php?catoid=51&navoid=1582#smoking

In Summary: Purdue University Fort Wayne is entirely tobacco-free and smoke-free. Smoking and tobacco are prohibited in any university facility and on any university grounds. The purpose of this policy is to provide a healthy, comfortable, and productive environment for the campus community. Accordingly, all employees, students, and visitors are expected to comply. The use or sale of any tobacco or smoking-related product, including the use or sale of smokeless tobacco products or electronic cigarettes, is prohibited on property controlled, operated, or leased by the University or in University vehicles, wherever located. Smoking and the use of tobacco products or electronic cigarettes are also prohibited in private vehicles parked on Purdue University Fort Wayne property.

# Additional Websites that Address Purdue Policies about Alcohol and Other Drugs:

Employees, students, and visitors can find PFW policies on several websites:

- 1. Alcohol-and Drug-Free Campus Workplace Policy: https://bit.ly/3hyms51
- 2. PFW Student Code of Conduct: <u>https://catalog.pfw.edu/content.php?catoid=64&navoid=3730#code</u>
- 3. Purdue University Alcohol and Other Drug Policy Guide: <u>https://www.purdue.edu/aod/index.php</u>
- 4. PFW Police Department: <u>https://www.pfw.edu/safety-security</u>

# Annual Notification & Marketing

#### Distribution

Purdue University (Main Campus) and Purdue Fort Wayne annually distribute the Federally Mandated Policy about alcohol and other drugs to each staff member and student.

#### 2022-2023:

- Friday, November 4, 2022 Purdue University-Main Campus, located in West Lafayette, emailed the Alcohol and Drug-Free Campus and Workplace Policy to all faculty and staff. The email summarized the key points of the policy and directed staff to the Human Resources-Benefits website for more information and/or to view the complete Drug and Alcohol Information document. Detailed information about University regulations, state and federal laws, health effects, impacts of violations, and campus resources is available on the website.
- PFW did not alert all students to this policy and was not in compliance with the AOD Policy this year. *Please review the Department Of Education's Report prepared on October 12, 2021, in conjunction with the Review of Federal Student Aid. (OPE ID: 00182800). Corrective measures have been evaluated and put into effect for future review.*

#### 2023-2024:

- Purdue emailed Alcohol- and Drug-Free Campus and Workplace Policy to all faculty and staff. The email summarized the key points of the policy and directed staff to the Human Resources-Benefits website for more information and/or to view the complete Drug & Alcohol Information document. Detailed information about University regulations, state and federal laws, health effects, impacts of violations, and campus resources is available in the <u>full document</u>.
  - o <u>https://www.purdue.edu/newsroom/purduetoday/releases/2022/Q1/alcohol-and-drug-document-to-be-distributed-to-employees.html</u>
- PFW sent out a campus wide email to all currently registered PFW and IU-Fort Wayne students that included information on Alcohol & Drugs on Thursday, August 17, 2023 at 1 PM. It contained the following information:
  - Alcohol & Drug Information: Every year, the university is required by the federal government to advise you of the University's alcohol and drug policy. Detailed information about University regulations, state and federal laws, health effects, impacts of violations, and campus resources is available here: <u>https://www.pfw.edu/offices/dean-of-</u> students/docs/Alcohol%20and%20Drug%20Policy%20Information.pdf
  - Alcohol & Drug Course for all students: eCHECKUP TO GO is an interactive, confidential survey that allows you to enter information about your drinking patterns and receive personalized feedback about your alcohol use. It enables you to compare your drinking patterns to other college students, gives you accurate information about drinking norms, and discusses individual behaviors and helpful strategies whether you choose to drink or not. You can access the survey here: <u>https://echeckup.sdsu.edu/usa/alc/coll/pfw</u>
  - Student Code of Conduct: This code informs our campus community of the general behavioral expectations that the university has for all students and outlines the procedures that the university uses to respond to complaints when standards are violated. Students are expected to read, understand, and adhere to these regulations. You can review all procedures covering academic regulations, rights, responsibilities, and conduct here: https://catalog.pfw.edu/content.php?catoid=62&navoid=3410

#### Student Program Inventory & Efforts

Many campus departments educate students about alcohol and other drugs, including Academic Affairs, Athletics, Counseling Services, Office of Student Conduct & CARE, University Police Department, Wellbeing & Recreation, and Student Housing.

#### Academics

Many academic units address alcohol and other drugs through curriculum, and research. An overview of the programs and classes offered during 2022-2023 and 2023-2024 are listed below: Academic Courses pertinent to Alcohol and Drug Use, Abuse, and Study

- HSCI 45200 Clinical Chemistry
- HSCI 45900 Clinical Toxicology

- HSRV 35000 Drugs & Society
- HSRV 42000 Substance Abuse Prevention
- PPOL 42200 Social Epidemic: AIDS, Violence, and Substance Abuse
- BIOL 31700 Addiction: Biology, Psychology, & Society
- HTM 49100- Beverage Management
- HTM 49111 Beverage Operation Management
- HTM 49112 Management and Service of Beverage Alcohol
- EDUC 58000 Trauma and Addictions Counseling

### **Athletics:**

- Student-Athlete Handbook contains policies regarding the Office of Institutional Equity, substance abuse, counseling resources, and others.
- Sexual Violence Prevention Plan included information related to healthy relationships including substance use, interventions for friends or a partner.
  - o One Love trainings, Respect Boundaries, Mandatory Reporters.
  - Freshmen HPER 163 course covered healthy behaviors and university resources in Fall 2022.
  - Freshmen HPER 163 course covered One Love Healthy Behaviors, Safe Zone & Ally Training, and mental health consultants during Fall 2023.
  - All student-athletes take It's On Us Pledge annually.
  - One Love "Digital Abuse" presentation given to all student-athletes by OIE in April 2023.
  - Each team received "Stress and Coping" education from the Counseling Center during Spring 2024
  - Safe Zone Training provided to teams by the Q Center during Spring 2023
  - OIE presented at Athletics Staff Retreat in August 2022 on mandatory reporting and NCAA Sexual Violence Policy changes.
- Provide education related to Title IX resources, hazing, counseling resources, substance abuse during team meetings in August and April.
- Student-athletes are subjected to year-round drug testing.
- Mastodon Wellness Team resources shared with coaches and staff annually.
- OIE provided "Active Bystander" training to Men's Basketball in August 2023.
- Horizon League coordinated a presentation by Kate Fagan in Fall 2023. Men's Basketball participated.
- Submitted CARE referrals, as appropriate.
- Athletics provided Mental Health Services via contracted consultants.

# **ECheckup To Go:**

On June 1<sup>st</sup>, 2023, the Office of Student Conduct & CARE renewed the contract with San Diego State University which provides an Alcohol and Drug Course for all students. eCHECKUP TO GO is an interactive, confidential survey that allows you to enter information about your drinking patterns and receive personalized feedback about your alcohol use. It enables you to compare your drinking patterns to other college students, gives you accurate information about drinking norms, and discusses individual behaviors and helpful strategies.

#### **New Student Programs:**

New Student Programs conducts New Student Orientation for more than 1,700 incoming new students, held throughout the summer. During New Student Orientation, students participate in small groups and presentations regarding the following topics:

- The Office of Student Conduct and Care presented an opening session focused on university life and social transitions. During this time, a representative from the office speaks about a variety of topics in relation to being a responsible college student and discusses the different policies and procedures in place to keep them safe.
- The Office of Student Conduct and Care and the University Police are present at the Resource Fair held every morning of the New Student Orientation. This allows students and families to connect with these offices one on one and get any questions they may have answered on an individual basis.
- We also offer an online orientation course that covers the above topics.
- On September 28, 2023 PFW hosted a Campus Safety Expo that also included bringing Arrive Alive to campus. The flyer and press release for this event are attached. We also hosted the event on September 22, 2022 that included the Save a Life Tour. During these events we also had police, EMS, and fire departments present for students to connect with.

# **Office of Wellbeing:**

The Office of Wellbeing assists students with all aspects of their well-being- including school, work, physical, mental, emotional, and social health. Through the 2022-2023 and 2023-2024 academic years, the office held many programs addressing alcohol and drug use, specifically related to students:

Programming:

- 1. Well-being Summit (March 2022 and 2023):
  - a. The summit will offer a mixture of in-person health screenings and activities and virtual presentations that highlight the five pillars of Well-being from the Healthy Boiler program— behavioral health, financial wellness, physical health, social wellness, and work-life integration. This event is open to all students, faculty, and staff. All faculty and staff are encouraged to participate in the summit, with supervisor support, by attending online events, scheduling health screenings, and taking advantage of resources that will be available at the summit. These include virtual breakout sessions, in-person health screenings, resource tables, Grab-and-Go snacks, gift drawings, and more.
- 2. Peer Education
  - a. The Office of Wellbeing continued its student peer-education program, including presentations, outreach, and one-on-one mentoring sessions.

# **Office of Recreation:**

The Office of Recreation facilitates all student intramurals and various other sports-related activities and programming. Specifically for intramurals, the office has a handbook that includes the following about campus alcohol and drug use policies:

<u>Purdue Fort Wayne Regulations on Alcohol and Other Drugs</u>: Purdue Fort Wayne regulations prohibit the possession, consumption, distribution, or sale of alcoholic beverages, as defined by state law, on campus, including campus housing, except as expressly permitted by the Internal Operating Procedures for the Possession, Consumption, Distribution, and Sale of Alcoholic Beverages on the Fort Wayne campus. The use, possession, manufacture, processing, distribution, or sale of any drug or controlled substance except as expressly permitted by law is also prohibited. <u>Violations of University Regulations and Local, State, or Federal Law Regarding the Use of Alcohol</u> <u>and Other Drugs</u>: Any student suspected of violating these regulations may be subject to disciplinary proceedings conducted by the Office of the Dean of Students and campus housing. Students who are found in violation may be subject to the disciplinary sanctions outlined in the Code of Student Rights, Responsibilities, and Conduct.

Note: When appropriate, referral for prosecution under local, state, and federal laws may occur. Indiana state law allows the university to investigate and act on any suspension or violation of local, state, or federal law. The university may also investigate and take action in incidents in states other than Indiana.

<u>Indiana State Laws Concerning Drinking:</u> All Purdue Fort Wayne students are responsible for complying with local, state, and federal laws regarding alcohol. The following information regarding Indiana law is current as of publication and is not intended to substitute for legal advice. For more details on current alcoholic beverage laws, contact University Police.

Additionally, the Office of Recreation put on approximately 45 events throughout 2022-2023 and 2023-2024, which were alcohol and substance-free and promoted physical and mental well-being. Additionally, they hosted the following Intramural Leagues (Twice a year for 6 weeks, twice a week): Volleyball, Basketball, Tennis, Soccer, Flag Football, and Badminton.

## **University Police Department**

Alcohol Awareness Program: This program is presented to Resident Assistants (RAs) at the beginning of the fall semester by UPD. The program includes a presentation regarding the dangers of alcohol consumption.

Drug Recognition and Identification: This program is presented by UPD to RAs at the beginning of the fall semester. It provides education on a variety of drug-related topics – specifically, it includes how to identify specific drugs and individuals under the intoxicating effects of drugs.

Additionally, the University Police Department keeps and maintains data related to the Jeanne Clery Disclosure of Campus Security Policy and Campus Crime Statistic Act. This report is written per calendar year, not academic year. Each year, a report is published on PFW's website: https://www.pfw.edu/sites/default/files/documents-2023/09/university-police-report-2023.pdf

#### **Center for Student Counseling**

The Center for Student Counseling offers alcohol education and counseling upon request. Screenings and assessments are offered for students and highlighted during Suicide Prevention Week, Mental Health Awareness Week, the Health Fair, and Drug and Alcohol Awareness Week.

Unfortunately, the CSC could not provide an exact number of sessions or students whose services revolved around drug or alcohol use, but throughout the 2023-2024 Academic year, they scheduled 131 students for intake appointments, and at all of those appointments, they do ask about substance use. Additionally, they have conducted a total of 229 walk-in appointments where they do brief risk assessments which includes assessing suicidal ideation, homicidal ideation, and any substance use concerns. If a student indicates they have substance use concerns, they will do a more thorough assessment and provide resources if necessary. If a student does not indicate concerns than the assessment in concluded. If a student is struggling with severe substance use, they refer them out for treatment and thus far, they have not had to refer any students. Main substance use concerns include vaping, caffeine, and alcohol use.

#### **Student Housing**

Resident Assistance (RA) Training: In August, RAs receive training on policies and drug—and alcohol-related warning signs. Then, they conduct training for their residents.

#### **International Student Education**

The Office of Student Conduct & CARE, the Office of Institutional Equity, and the Student Assistance Program all speak with international students about the alcohol and drug policies at the start of both the fall and spring semesters. Additionally, the office sends out a welcome guide to all newly admitted international student- both undergraduate and graduate. This was sent to approximately 1,400 students. The welcome guide contains information on American social customs.

"The drinking age in the U.S. is 21. Anyone under the age of 21 who consumes alcohol is breaking the law and may be punished by fines and possibly jail time. In Indiana, minors may not enter bars or liquor stores, or transport or hold alcohol. Note: You must be 21 years of age to consume alcohol. drinking alcohol under the age of 21 is breaking the law and may be punished by fines and possibly jail time!"

In addition, the Office mentions during international orientation that breaking the law in regards to drugs and alcohol can cause for your F-1 or J-1 visa to be revoked and you will be required to return home then. Generally we have anywhere between 150-300 people attend our international orientation each year.

#### Student Activities Board (SAB) & Student Life and Leadership

<u>Mandatory Student Organization Programming</u>: All student organization officers and advisors attend a mandatory orientation, at which alcohol policies and issues are addressed.

#### Substance-Free Campus Events

The offices of Student Life, Student Leadership, and the Student Activities Board plan and execute many programs to students each academic year. All programs are alcohol-free and offer students an option for campus engagement that does not include alcohol and other drugs.

Year	Programs/Events	Total Attendees
2022 - 2023	1,068 programs/events	27,540 attendees
2023 - 2024	801 programs/events	28,170 attendees

Here are some departments/organizations that offer information on what's available for students – they use a variety of media, such as websites, Twitter, Facebook, Instagram, You Tube, etc, to reach students.

- University Calendar: <u>https://bit.ly/3HJjsh2</u>
- PFW Athletics: Check out the schedules for all athletic events. <u>https://gomastodons.com/</u>
- PFW Theater: Purdue's Theater department presents several plays throughout the year. https://www.pfw.edu/visual-performing-arts/theatre/current-season

• Student Activities and Organizations: <u>https://www.pfw.edu/admissions/areas/campus-life/campus-events/</u> In addition, several organizations, departments, and student groups plan special events throughout the year.

# Alcohol and Drug Survey Results- Students

The Indiana College Substance Use Survey was administered in the Spring of 2023. A total of 8,791 Purdue University Fort Wayne students were sent an email inviting them to participate in the survey. Students were given a two-week period to complete the online questionnaire. A reminder email was sent midway through the survey period. 749 students responded to the survey, with a response rate of 8.52%. A description of the history and methodology of the Indiana College Substance Use Survey can be found in the Results of the Indiana College Substance Use Survey can be found in the Results of the Indiana College Substance Use Survey, 2023 at <a href="https://iprc.iu.edu/indiana-college-survey/substance-use-survey">https://iprc.iu.edu/indiana-college-survey/substance-use-survey</a>. The State Report provides data from students aged 18-25, while the statewide results provided in this report contain data from all students, regardless of age.

Three criteria were used to clean the data. Surveys were discarded if any of the following conditions were met:

- Insufficient response (less than 26 items answered out of a total of 171 items),
- three or more inconsistent responses among substance use items, and
- pharmacologically-implausible patterns of responses (i.e., a combination of drugs and frequencies of use whose cumulative effect would be lethal).

This report provides analysis of the data by gender and age, as well as overall rates. Responses of students not identifying as male or female are included in the analyses for overall rates and rates by age category, but their responses are not presented in the analyses by gender because of the small number of those students who participated.

## **Survey Results**

Table 1. Percentage of Students Reporting Use of Select Substances in the Past Month, by Select Demographic Characteristics, 2023

Substance	All St	All Students		Gender		Age	
	PUFW	Indiana	Male	Female	Under 21	21 or older	
Alcohol	50.6	55.4	51.1	50.2	31.2	64.8	
Marijuana	22.7	23.5	18.9	23.6	16.8	27.1	
Cigarettes	7.2	8.9	8.5	6.8	4.7	9.0	
Electronic vaping devices	17.5	20.7	16.3	18.1	16.1	18.5	
Cigars	4.3	3.7	6.7	2.4	2.4	5.7	
Smoking tobacco with hookah/water pipe	1.9	1.3	1.2	1.8	0.7	2.7	
Chewing/smokeless tobacco	2.1	2.4	4.3	0.3	1.4	2.7	
Prescription stimulants not prescribed to you	2.1	1.9	1.2	3.0	1.0	2.9	
Prescription painkillers not prescribed to you	1.0	0.6	0.9	0.9	0.0	1.7	
Prescription sedatives not prescribed to you	0.8	0.4	0.6	1.2	0.3	1.2	
Hallucinogens	2.0	1.5	1.2	2.7	1.3	2.4	
Cocaine	0.9	0.9	0.9	0.9	0.3	1.2	
Inhalants	0.4	0.3	0.6	0.3	0.0	0.7	
Heroin	0.1	0.1	0.0	0.3	0.0	0.2	
Methamphetamine	0.3	0.2	0.3	0.3	0.0	0.5	
Other illegal drugs	0.6	0.2	0.6	0.6	0.0	1.0	

Table 2. Percentage of Students Reporting Use of Select Substances in the Past Month, 2011 – 2023

Substance	2011	2014	2015	2016	2018	2019	2021	2023
Alcohol	56.5	55.6	57.4	62.7	60.3	56.6	50.1	50.6
Marijuana	8.2	6.7	11.8	20.7	19.3	17.9	20.5	22.7
Cigarettes	22.9	17.8	8.3	16.5	14.6	13.1	7.9	7.2
Cigars	5.7	4.4	4.7	9.9	6.8	7.1	5.0	4.3
Smoking tobacco with hookah or water pipe	4.7	4.4	4.7	9.5	5.2	3.2	2.6	1.9
Chewing or smokeless tobacco	3.0	0.0	3.0	4.6	3.8	3.8	2.9	2.1
Electronic vaping devices				15.5	16.5	22.2	19.5	17.5
Rx Stimulants				5.1	4.2	4.0	2.5	2.1
Rx Painkillers				3.4	2.2	1.6	1.0	1.0
Rx Sedatives				2.2	2.3	2.2	1.0	0.8
Hallucinogens	0.7	0.0	0.6	3.6	2.4	2.7	2.4	2.0
Cocaine	0.0	0.0	0.0	1.8	1.8	2.0	1.5	0.9
Inhalants	0.0	0.0	0.0	0.5	0.5	0.4	0.9	0.4
Heroin	0.0	0.0	0.0	0.0	0.2	0.0	0.3	0.1
Methamphetamines	0.0	0.0	0.0	0.2	0.3	0.0	0.4	0.3
Other illegal drugs	0.5	0.0	0.0	0.9	0.3	0.3	0.8	0.6

\*E-cigarettes and Rx categories added in 2016

Table 3. Percentage of Students Who Reported Experiencing Select Consequences in the Past Year as a Result of Drinking Alcohol, by Select Demographic Characteristics, 2023

_	All St	udents	Ge	nder	A	ge
Consequences	PUFW	Indiana	Male	Female	Under 21	21 or older
Had a hangover	48.2	53.4	49.1	48.0	44.8	49.7
Forgot where you were or what you did (blacked out)	17.4	23.9	15.3	20.3	20.1	16.2
Felt bad or guilty about your drinking	21.2	26.6	20.1	22.7	26.8	18.8
Did something you later regretted	18.0	22.5	16.7	18.9	22.1	16.3
Engaged in unprotected sexual intercourse (i.e., without a condom)	16.1	16.0	13.9	18.9	18.6	15.0
Missed class or an assignment	11.3	12.9	9.7	11.9	12.5	10.7
Driven a car while under the influence	10.4	7.3	11.6	7.9	11.1	10.1
Been hurt or injured because of drinking	9.3	10.4	8.3	9.2	10.3	8.9
Created problems between you and your friends or family members	7.1	8.2	7.5	6.6	10.4	5.6
Had friends or family members worry or complain about your drinking	9.7	10.1	11.1	8.3	11.7	8.9
Been in trouble with police, residence hall, or other college authorities	1.9	2.4	1.9	1.8	2.8	1.5
Gotten into physical fights when drinking	2.1	2.9	3.7	0.9	2.1	2.1
Gotten into trouble at work or college because of drinking	0.8	1.9	0.9	0.4	1.4	0.6
Been ticketed	0.6	0.8	0.9	0.4	0.7	0.6
Been arrested for drunk driving	0.2	0.3	0.5	0.0	0.7	0.0

Note. Out of students who reported ever drinking alcohol (n = 515).

Mental Health: The Indiana College Substance Use Survey asked three questions to assess students' mental health status. Students were asked how many days in the past month their mental health was not good, including experiencing stress, depression, or problems with emotions. They were also asked if, in the past year, they had experienced feeling so sad or hopeless almost every day for two weeks or more in a row that they stopped doing some usual activities and if they had ever seriously considered attempting suicide.

Table 4. Mean Number of Mentally Unhealthy Days During the Past Month, by Select Demographic Characteristics, 2023 (range = 0 - 30)

	All Students		Gender		Age	
	PUFW	Indiana	Male	Female	Under 21	21 or older
Mean	9.3	9.2	7.0	10.5	10.2	8.7
Standard Deviation	9.1	8.6	8.9	8.7	9.5	8.8

*Note.* Survey question: "Thinking about your mental health, which includes stress, depression, and problems with emotions, for how many days during the past 30 days was your mental health not good?"

#### Table 5. Demographic Characteristics of Survey Participants, 2023

	Frequency	%
Gender		
Male	329	46.4
Female	338	47.7
Other	42	5.9
No answer	0	0.0
Age		
Under 21	299	42.2
21 or older	410	57.8
Race		
White	576	81.2
Black/African American	32	4.5
Asian	57	8.0
Native American/Alaskan Native	1	0.1
Hawaiian/Pacific Islander	0	0.0
More than one race	28	3.9
Other	15	2.1
No answer	0	0.0
Ethnicity		
Hispanic	49	6.9
Non-Hispanic	657	92.7
No answer	3	0.4
Classification		
1st year undergraduate	159	22.4
2nd year undergraduate	136	19.2
3rd year undergraduate	144	20.3
4th year undergraduate	119	16.8
5th year or more undergraduate	67	9.4
Grad/professional	73	10.3
Not seeking degree	5	0.7
Other	1	0.1
No answer	5	0.7

Student status		
Full-time	632	89.1
Part-time	76	10.7
No answer	1	0.1
Location of residence		
Fraternity/sorority house	0	0.0
Campus residence hall	159	22.4
Other on-campus housing	42	5.9
Off-campus	490	69.1
Taking all classes remotely	18	2.5
No answer	0	0.0
Greek affiliation		
Yes	10	1.4
No	697	98.3
No answer	2	0.3

# Alcohol & Drug Use Data

The following data represents students sanctioned for incidents involving alcohol and other drugs. Incidents could have occurred on-campus, in student housing or off campus.

Sanctioned Alcohol Policy Violations	2022 - 2023	2023 - 2024
Total	68	32
Sanctioned Drug Policy Violations	2022 - 2023	2023 - 2024
Total	15	14

## **Office of Student Conduct & CARE**

A unit within the Division of Enrollment Management and the Student Experience, is tasked with upholding the standards for student conduct and behavior within the university environment. Incident reports that are submitted from various campus and community agencies are reviewed to determine if there has been a possible violation of the Code of Student Conduct as outlined in the University Regulations. A student who is found in violation of the Code of Student Conduct may be subject to disciplinary sanctions as outlined in this document. Sanctions may include separation from the university (expulsion or suspension), conditional student standing (disciplinary probation) or a disciplinary warning. In addition, students may be required to complete any number of educational assignments, including substance abuse assessments, alcohol/drug education classes, community service, ethics training, or other educational assignments.

In addition to the standard case resolution process, the OSCC staff partners with the university's student counseling resources to formalize a referral process for at-risk students who may be in need of more formal assessments and counseling due to alcohol-related behavior. In addition, staff members have worked with academic advisors, as well as underrepresented and international student advisors, university athletics staff and coaches, and professional programs to present information to students regarding the university's standards of conduct and the policies on alcohol and drugs for the campus.

# **Employee Prevention Efforts**

### **Counseling Services**

The Employee Assistance Program (EAP) provides voluntary, confidential, and professional assistance to help employees and their families resolve problems that affect their personal lives or performance at work. Services include problem evaluation and assessment, individual counseling, and referral to community services. Information found at https://www.pfw.edu/offices/human-resources/Benefits-and-Wellbeing/eap1

**Tobacco Cessation Workshops** (<u>https://www.pfw.edu/offices/human-resources/Benefits-and-Wellbeing/HB-Wellbeing/tobacco-cessation</u>) Health Coach, Lindsay Bloom, offered a workshop to learn strategies to help employees quit and remain smoke-free. Resources to help employees avoid or waive the tobacco-user premium as part of their Purdue Medical Plan will also be discussed. Tobacco Cessation, one of the six-week lifestyle education programs, is open to benefits-eligible employees and their covered spouses on the Purdue Medical Plan.

## **Smoking And Tobacco- Health Coaching**

One-to-One coaching for tobacco cessation helps by providing support both before and after you quit. Through a series four sessions, telephonic and/or in person, you can receive (a) guidance to help you handle challenges while quitting and (b) recommendations for selection and proper use of medications to help make you more comfortable while you are quitting. Please contact Employee Health Coach Lindsay Bloom at 260-481-6651 or Imbloom@pfw.edu to schedule your first session least one week before your planned quit date.

## Indiana Tobacco Quitline

The Indiana Tobacco Quitline is available seven days a week. This program is provided by the state Department of Health, and it is available to all residents of Indiana. If you call from a number outside of Indiana, you will be connected to a Quitline for that location. To register call 1-800-QUIT-NOW (1-800-784-8669).

# Data for Employees

	2022-2023	Outcome
Alcohol	None	N/A
Drugs	None	N/A
	2023-2024	Outcome
Alcohol	2	2 Termination

# Human Resources and Employee Relations Data:

# Policy Enforcement- Employees

PFW has several options available for students and staff members who need to address alcohol and other drug abuse issues. A summary is listed below:

## **Consequences of Engaging in Prohibited Conduct**

- 1. Factors Relevant to Sanction or Corrective Action. The University will evaluate violations of this policy on a case-by-case basis. In determining the appropriate sanction or corrective action, the University may consider an individual's work or academic record, the seriousness of the violation, the safety-sensitivity of the individual's position, whether the individual's behavior violated the University's Violence in the Workplace Policy, whether a sanction or corrective action is permissible under law including, without limitation, The Americans With Disabilities Act of 1990, and any other relevant factors.
- 2. Employee. Any employee who engages in prohibited conduct may be:
  - a. Immediately removed from duty.
  - b. Referred to the Employee Assistance Program.
  - c. Required to complete successfully an alcohol or drug abuse treatment program as a condition of employment.
  - d. Reported to authorities for criminal prosecution or other appropriate action.
  - e. Disciplined, up to and including termination of employment.
  - f. Subject to any other appropriate action by the University.

## **Employee Reasonable Suspicion Drug and Alcohol Testing.**

All employees of the University may be subject to reasonable suspicion drug and alcohol testing under procedures developed by the Department of Personnel Services and approved by the president of the University or his or her designee. These procedures must, at a minimum, provide that the decision to conduct reasonable suspicion testing will be made jointly by a supervisor who believes reasonable suspicion exists and a representative of his or her human resource service team. Further, in all cases, reasonable suspicion testing must be authorized by an appropriate University employee or other individual designated by the University who has been trained to recognize physical or behavioral symptoms commonly attributed to the use of drugs or alcohol.

#### **Employee Self-Referral and Employee Assistance Program**

- 1. Self-Referral. Employees with alcohol or drug problems are strongly encouraged to voluntarily contact their family physicians or the University's Employee Assistance Program for assistance. Employees may seek help without their supervisor's knowledge. Although voluntarily seeking assistance will not bar the University from treating the employee like other employees under this policy, the University will consider voluntary requests for help in determining any discipline to be imposed. The University will not assume any financial or other responsibility for drug or alcohol treatment except as may be provided by University benefits.
- 2. Employee Assistance Program. The University's Employee Assistance Program offers free, confidential services to employees with alcohol or drug problems, including:
  - a. Information about the dangers of alcohol and drug use and the University's Alcohol- and Drug-Free Campus and Workplace Policy;
  - b. Assessment and evaluation;
  - c. Referral to and information regarding public and private treatment programs;
  - d. Services to families of employees with drug or alcohol problems; and
  - e. Assistance with questions concerning insurance coverage.

# Goal Achievement & Recommendations

## **Goal Achievement**

Consistent personnel turnover, staffing changes, a global pandemic, and the previous administration's shortcomings have contributed to the incompletion of the DFSCA requirements and the biennial review. While Purdue University Fort Wayne's (PFW) non-compliance with the DFSCA's DAAP is unacceptable, the University has completed many requirements independently of the regulations. This being the first biennial review to be completed for PFW, the institution is now in full compliance with DAAP.

Additional review of the data listed throughout this report finds that PFW is now in compliance with the Drug Free Schools and Campuses Regulations, has an effective and enforced AOD policy, and consistently distributes this information in writing to our students and employees.

#### Recommendations

PFW will continue to develop, evaluate, assess and pursue the best practices for our campus to create a safe and healthy environment for our students. Upon review of the current state of our program, a brainstorming session was held with campus partners to identify potential areas of improvement and challenges that the campus community may face during the next two-year cycle.

In summary, PFW looks to unite its campus in efforts to further grow cohesive alcohol and drug prevention programming and to be in full compliance with the AOD Regulations put forth by the Department of Education.